

# World No Tobacco Day



Sri. Hombegowda Education Trust (R).

## Sri. Kuvempu Mahavidyalaya First Grade College

Kengal-Channapatna, Ramanagara District-562 161.

(Affiliated to Bangalore University)

Ph: 080-29780096 E-mail: [principalrc2012@gmail.com](mailto:principalrc2012@gmail.com) Web: [www.skrmvkengal.org](http://www.skrmvkengal.org)

### Celebration of world No Tobacco Day on 31/05/2022

Sri Kuvempu Mahavidyalaya First Grade College, kengal-Channapatna. Celebrated "World No Tobacco Day" on 31<sup>st</sup> May 2022 to mark the observance of the day.

The program was organised at the seminar hall. Dr.Doddasiddaiah.P. Principal of our college spoke based on this years theme "commit to quit" and said that, the aim of this day is to spread awareness about the dangers of using tobacco, to make tobacco users aware of the opportunity to lead healthier life and how health problems can be tackled by doctors when one quits smoking. He also gave some tips and guidelines to quit tobacco like;-

1. Make a "quit plan" and stick to it.
2. 5-min walk or stretch
3. Avoid stressful situations
4. Nicotine –replacement therapy like chewing gum or skin –patches etc.

HOD's of various department, staff members and students were present during the occasion.

Principal  
Sri Kuvempu Mahavidyalaya  
First Grade College  
Kengal, Channapatna,  
Ramanagara District - 562161



*Anil*

**Principal**

**Sri Kuvempu Mahavidyalaya  
First Grade College  
Kengal, Channarayana,  
Ramanagara District - 562161**

## Swachh Bharath Abhiyan



*[Handwritten Signature]*

Pr.

Sri Kuvempu Mahavidyalaya  
First Grade College  
Kongal, Channarayana,  
Ramnagara District - 562101

## Cultural Activities



*Princip*

**Principal**  
**Sri Kuvempu Mahavidyalaya**  
**First Grade College**  
**Kengal, Channarayana.**  
**Ramanagara District - 562161**



M6HJ+73M, Ramanagara, Karnataka 562160, India

Latitude  
12.67923027°

Local 12:05:30 PM  
GMT 06:35:30 AM

Longitude  
77.23179593°

Altitude 620.18 meters  
Tuesday, 30-11-2021

Note : Krishnaiah sir retirement day photos

Principal  
Sri Kuvempu Mahavidyalaya  
First Grade College  
Kengal, Channarayana  
Ramanagara District - 562161



Sri. Hombegowda Education Trust (R)

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### PowerPoint Presentation



**Principal**  
Sri Kuvempu Mahavidyalaya  
First Grade College  
Kengal, Channapatna,  
Ramanagara District - 562161

## Group Discussion



  
**Principal**  
Sri Kuvempu Mahavidyalaya  
First Grade College  
Kengal, Channarayana,  
Ramanagara District - 562161



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**Principal**  
Sri Kavyasree Mahabaleswara  
Kengal, Channarayana,  
Ramanagara District - 562161



# Quiz



*A. S. G.*

Principal  
Sri Kuvempu Mahavidyalaya  
First Grade College  
Kengal, Channarayana,  
Ramanagara District - 562161

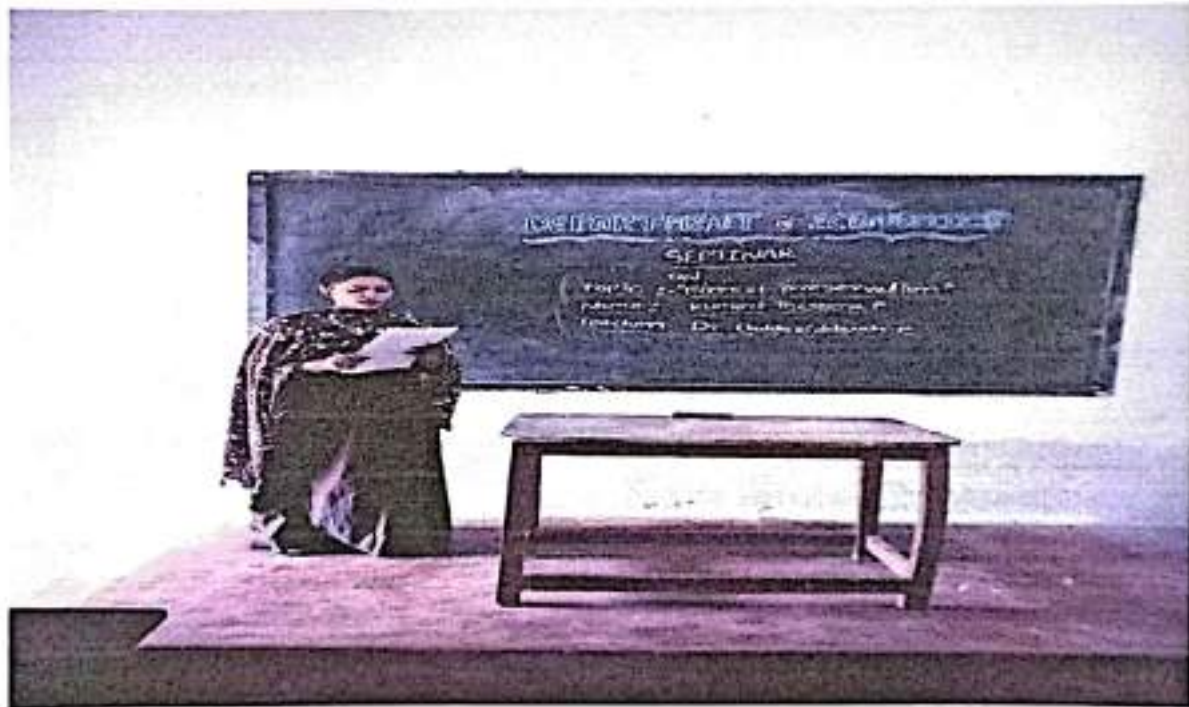
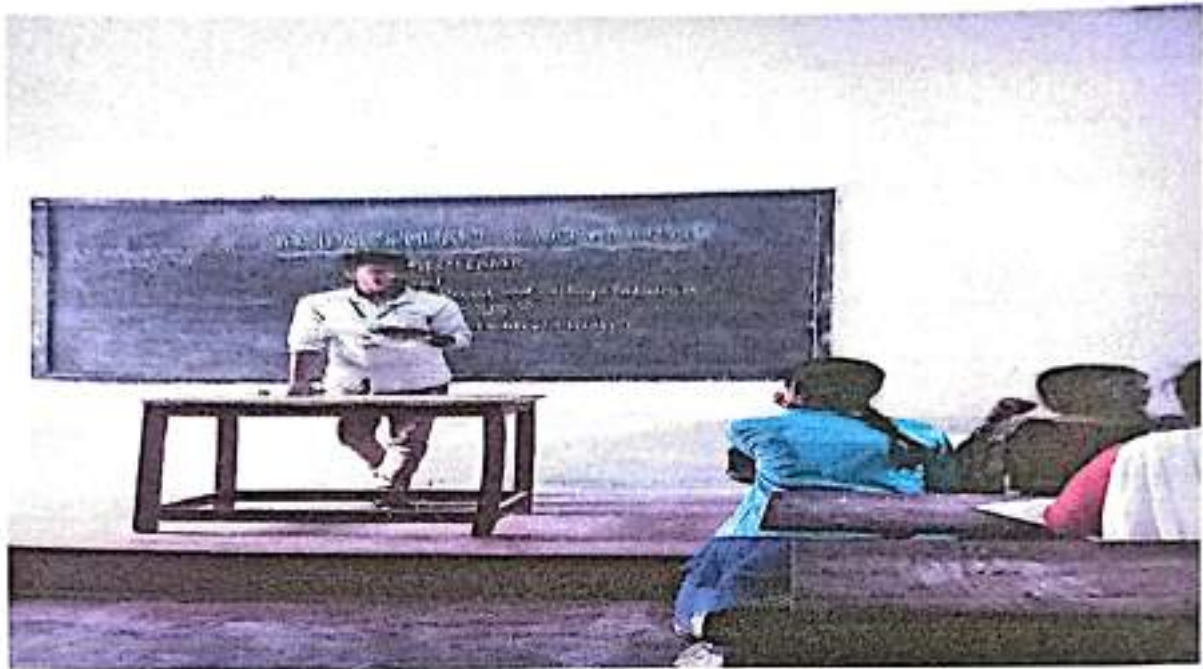
## Interaction Method



*Principals*

Principal  
Sri Kuvempu Mahavidyalaya  
First Grade College  
Kengal, Channarayana,  
Ramanagara District - 562161

## Seminars



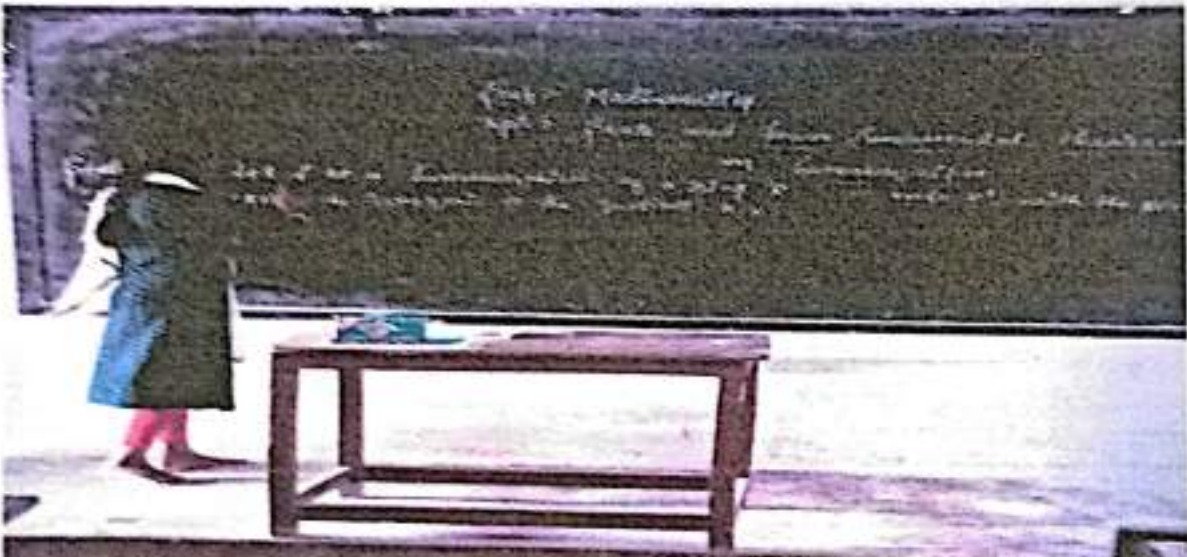
*Anand Kumar*

Principal  
Sri Kuvempu Mahavidyalaya  
First Grade College  
Kengal, Channarayana,  
Ramanagera District - 562161



Kuvempu College Bus Stop, SH17, Karnataka 562160, India

Latitude <b>12.67965269°</b>	Longitude <b>77.23168118°</b>
Local 10:35:39 AM	Altitude 628.21 meters
GMT 05:05:39 AM	Saturday, 18-12-2021



Channadevi Agrahara, Karnataka, India  
NH275, Karnataka 562160, India

Lat N 12° 40' 40.1916" Long E 77° 13' 55.7832"

22/12/21 10:18 AM

*Anil G*

**Principal**  
**Sri Kuvempu Mahavidyalaya**  
**First Grade College**  
**Kengal, Channapatna.**  
**Ramanagara District - 562161**

## Business Lab Activities



Principal  
Sri Kuvempu Mahavidyalaya  
First Grade College  
Kengal, Channarayana,  
Ramanagara District - 562161

## Geography Lab Activities



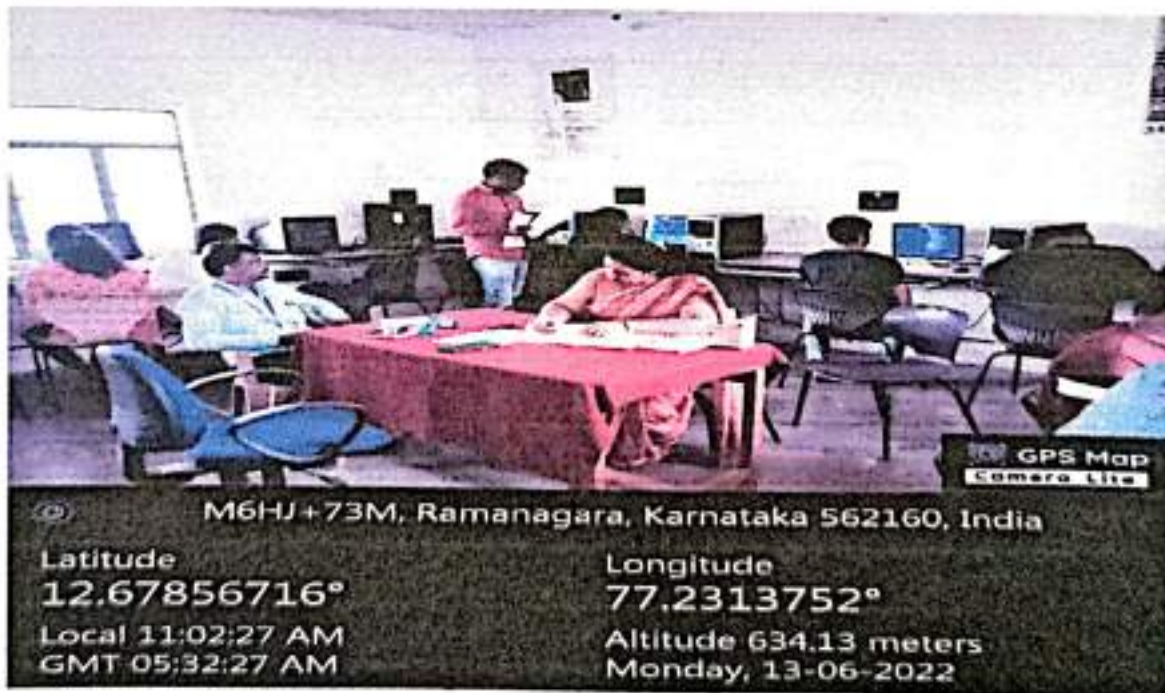
**Principal**  
Sri Kuvempu Mahavidyalaya  
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Kengal, Channarayana  
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## Chemistry Lab Activities



**Principal**  
**Sri Kuvempu Mahavidyalaya**  
**First Grade College**  
**Kengal, Channarayana,**  
**Ramanagara District - 562161**

## Computer Lab Activities



**Principal**  
Sri Kuvempu Mahavidyalaya  
First Grade College  
Kengal, Channapatna,  
Ramanagara District - 562161



## Best Out Of Waste



*A. L. S.*  
Principal  
Sri Kuvempu Mahavidyalaya  
First Grade College  
Kongal, Channarayana,  
Ramanagara District - 562161